



CHC43315

Certificate IV in Mental Health

This qualification reflects the role of workers who provide self-directed recovery-oriented support for people affected by mental illness and psychiatric disability. Work involves implementing community-based programs and activities focusing on mental health, mental illness and psychiatric disability. Work is undertaken in a range of community contexts such as community based non-government organisations; home based outreach; centre-based programs; respite care; residential services, rehabilitation programs; clinical settings; or supporting people in employment. Work is carried out autonomously under the broad guidance of other practitioners and professionals.

Job Roles

On completion of this course, job roles may include:

- ▶ Mental Health Support Worker
- ▶ Mental Health Outreach Worker
- ▶ Mental Health Rehabilitation and Support Worker
- ▶ Community Rehabilitation and Support Worker
- ▶ Community Support worker
- ▶ Assistant Community Services Worker
- ▶ Outreach Officer.

Entry Requirements

Enrolment within this course will focus on recruiting students from the following:

- ▶ Completion of a Certificate III or above (or equivalent), **or**
Completion of a senior secondary certificate of education (or equivalent), **and**
Be 18 years or above at the date of entry
- ▶ Currently working in the industry
- ▶ LLN Level 3 or above in written and verbal skills at a level capable of reporting information
- ▶ Intermediate computer skills, including the ability to access and search the internet, use software (such as Microsoft Word) to create documents, upload and download documents, attach as use devices such as USB flash drives
- ▶ Access to a computer and high-speed internet access in order to access the materials on the Organisation's online learning platform (Moodle).

Note: for students in remote locations without consistent access to highspeed internet, arrangements can be made to submit assessments by email.

Course Duration

The course has an **18 months duration** and consists of **9 one-week-long**, face-to-face blocks.

- ▶ Recommended course hours 995
- ▶ Mandatory work placement hours 80.

Course Structure

Total number of units = 15, including:

- ▶ 11 core units
- ▶ 4 elective units.

Core units

- ▶ CHCDIV001 Work with diverse people
- ▶ CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety
- ▶ CHCLEG001 Work legally and ethically
- ▶ CHCMHS002 Establish self-directed recovery relationships
- ▶ CHCMHS003 Provide recovery oriented mental health services
- ▶ CHCMHS004 Work collaboratively with the care network and other services
- ▶ CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues
- ▶ CHCMHS007 Work effectively in trauma informed care
- ▶ CHCMHS008 Promote and facilitate self-advocacy
- ▶ CHCMHS011 Assess and promote social, emotional and physical wellbeing
- ▶ HLTWHS001 Participate in workplace health and safety.

Suggested elective units

- ▶ CHCMHS001 Work with people with mental health issues
- ▶ CHCCCS003 Increase the safety of individuals at risk of suicide
- ▶ CHCSOH001 Work with people experiencing or at risk of homelessness
- ▶ CHCCDE002 Develop and implement community programs.

If you have achieved other electives, relevant to the industry vocational outcome, it may be possible to obtain credits or RPL for some units of the course.

Delivery Method

Course will be delivered via blended learning solution as follows:

- ▶ Students will be required to attend a total of **nine**, week-long, blocks of face to face classroom learning at the Little Bay Campus in Sydney.
- ▶ The remainder of the course content will be provided via Moodle as pre and post learning activities.

Assessment Tasks

- ▶ Written questions
- ▶ Written reports
- ▶ Self-assessment on performance criteria with third party (workplace supervisor) sign off
- ▶ Portfolios
- ▶ Practical assessment (observation) in a simulated clinical setting.

Credit Transfers and Recognition of Prior Learning

Applicants are encouraged to apply for:

- ▶ Credit Transfer (where they have already completed a unit(s) in another course of study)
- or**
- ▶ Recognition of Prior Learning (RPL), which recognises skills and knowledge that already meets the requirements of a unit of competency.

Note: *Credit transfer and RPL reduces the workload in gaining recognition with a formal qualification. Students are encouraged to identify units they may be eligible to gain course credit/RPL and to contact the RTO Training Team Leader for further information.*

Resources

Students will be provided with via the AH&MRC's Moodle online learning platform:

- ▶ Learner guides and other learning resources
- ▶ Assessments for each unit.

Learners will submit completed course work through Moodle. If a learner does not have access to high speed internet arrangements can be made for submission via email. It is the responsibility of the learner to retain a copy of all submitted course work.

Course Fees

- ▶ Full course fee: \$8,118 (This course is subsidised by the NSW government, and eligible NSW students may access fee support through Smart and Skilled Funding)
- ▶ Travel and Accommodation may be subsidised for eligible students.

Award

This is a nationally recognised course from the CHC Community Services Training Package. Students who successfully complete all the assessments will be awarded with

- ▶ CHC43315 Certificate IV in Mental Health.

Students who complete some, but not all units of the qualification, will receive a statement of attainment for those units successfully completed.

Educational Pathways

CHC43315 Certificate IV in Mental Health can be a pathway into further studies such as Diploma of Mental Health/Counselling or other Community Services or Health qualifications.



NATIONALLY RECOGNISED
TRAINING

Enrolments

To enrol, please submit an expression of interest via www.ahmrc.org.au. Our RTO Administration Team will send you an enrolment pack which you will need to complete and submit with supporting documentation.

Further information can be found on www.ahmrc.org.au/education-training/student-information/

Or you can contact the office:

35 Harvey Street
Little Bay NSW 2036

T (02) 9019 0730

E education@ahmrc.org.au

Our History

The Aboriginal Health and Medical Research Council (AH&MRC) of NSW RTO is a result of a long-term vision of the AH&MRC to establish and maintain an Aboriginal community-controlled education institution to provide culturally appropriate, nationally recognised courses in the Aboriginal health.

In pursuit of this vision, the AH&MRC Board endorsed the establishment of the college in 2002 and the Registered Training Organisation (RTO) status was achieved in 2004.

We offer qualifications in a range of areas including:

- ▶ Alcohol and Other Drugs
- ▶ Primary Health Care.

www.ahmrc.org.au