



CHC53315

Diploma of Mental Health

This qualification reflects the role of workers who provide services to clients in relation to mental health issues. They can provide counselling, referral, advocacy and education/health promotion services. These workers are required to have high level specialist knowledge, skills and competencies especially regarding laws affecting people with mental health issues, the range of services available to them and health issues related to mental health.

Job Roles

On completion of this course, job roles may include:

- ▶ Community support worker
- ▶ Community youth worker
- ▶ Community rehabilitation and support worker
- ▶ Mental health community worker
- ▶ Mental health rehabilitation support worker
- ▶ Mental health outreach worker
- ▶ Mental health program manager
- ▶ Mental health advocate
- ▶ Mental health support worker.

Entry Requirements

Enrolment within this course will focus on recruiting students from the following:

- ▶ Completion of a Certificate IV or above (or equivalent), **or**
Completion of a senior secondary certificate of education (or equivalent), **and**
Be 18 years or above at the date of entry
- ▶ Currently working in the industry
- ▶ LLN Level 4 or higher across all areas of assessment
- ▶ Intermediate computer skills, including the ability to access and search the internet, use software (such as Microsoft Word) to create documents, upload and download documents, attach as use devices such as USB flash drives
- ▶ Access to a computer and high-speed internet access in order to access the materials on the Organisation's online learning platform (Moodle).

Note: for students in remote locations without consistent access to highspeed internet, arrangements can be made to submit assessments by email.

Course Duration

The course has a **24 months duration** and consists of **12 one-week-long**, face-to-face blocks.

- ▶ Recommended course hours 1,495
- ▶ Mandatory work placement hours 160.

Course Structure

Total number of units = 20, including:

- ▶ 15 core units
- ▶ 5 elective units.

Core units

- ▶ CHCADV005 Provide systems advocacy services
- ▶ CHCDIV001 Work with diverse people
- ▶ CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety
- ▶ CHCMHS002 Establish self-directed recovery relationships
- ▶ CHCMHS003 Provide recovery oriented mental health services
- ▶ CHCMHS004 Work collaboratively with the care network and other services
- ▶ CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues
- ▶ CHCMHS009 Provide early intervention, health prevention and promotion programs
- ▶ CHCMHS010 Implement recovery-oriented approaches to complexity
- ▶ CHCMHS011 Assess and promote social, emotional and physical wellbeing
- ▶ CHCMHS012 Provide support to develop wellness plans and advanced directives
- ▶ CHCMHS013 Implement trauma informed care

- ▶ CHCPOL003 Research and apply evidence to practice
- ▶ CHCPRP003 Reflect on and improve own professional practice
- ▶ HLTWHS004 Manage work health and safety.

Suggested elective units

- ▶ CHCSOH001 Work with people experiencing or at risk of homelessness
- ▶ CHCMHS006 Facilitate the recovery process with the person, family and carers
- ▶ CHCCSL001 Establish and confirm the counselling relationship
- ▶ CHCCDE002 Develop and implement community programs
- ▶ CHCCSM004 Coordinate complex case requirements.

If you have achieved other electives, relevant to the industry vocational outcome, it may be possible to obtain credits or RPL for some units of the course.

Delivery Method

Course will be delivered via blended learning solution as follows:

- ▶ Students will be required to attend a total of **twelve**, week-long, blocks of face to face classroom learning at the Little Bay Campus in Sydney.
- ▶ The remainder of the course content will be provided via Moodle as pre and post learning activities.

Assessment Tasks

- ▶ Written questions
- ▶ Written reports
- ▶ Self-assessment on performance criteria with third party (workplace supervisor) sign off
- ▶ Portfolios
- ▶ Practical assessment (observation) in a simulated clinical setting.

Credit Transfers and Recognition of Prior Learning

Applicants are encouraged to apply for:

- ▶ Credit Transfer (where they have already completed a unit(s) in another course of study)
- or**
- ▶ Recognition of Prior Learning (RPL), which recognises skills and knowledge that already meets the requirements of a unit of competency.

Note: *Credit transfer and RPL reduces the workload in gaining recognition with a formal qualification. Students are encouraged to identify units they may be eligible to gain course credit/RPL and to contact the RTO Training Team Leader for further information.*

Resources

Students will be provided with via the AH&MRC's Moodle online learning platform:

- ▶ Learner guides and other learning resources
- ▶ Assessments for each unit.

Learners will submit completed course work through Moodle. If a learner does not have access to high speed internet arrangements can be made for submission via email. It is the responsibility of the learner to retain a copy of all submitted course work.

Course Fees

- ▶ Full course fee: \$12,860 (This course is subsidised by the NSW government, and eligible NSW students may access fee support through Smart and Skilled Funding)
- ▶ Travel and Accommodation may be subsidised for eligible students.

Award

This is a nationally recognised course from the CHC Community Services Training Package. Students who successfully complete all the assessments will be awarded with

- ▶ CHC53315 Diploma of Mental Health.

Students who complete some, but not all units of the qualification, will receive a statement of attainment for those units successfully completed.

Educational Pathways

CHC53315 Diploma of Mental Health can be a pathway into further studies such as CHC62015 Advanced Diploma of Community Sector Management or other Community Services or Health Care qualifications.



NATIONALLY RECOGNISED
TRAINING

Enrolments

To enrol, please submit an expression of interest via www.ahmrc.org.au. Our RTO Administration Team will send you an enrolment pack which you will need to complete and submit with supporting documentation.

Further information can be found on www.ahmrc.org.au/education-training/student-information/

Or you can contact the office:

35 Harvey Street
Little Bay NSW 2036

T (02) 9019 0730

E education@ahmrc.org.au

Our History

The Aboriginal Health and Medical Research Council (AH&MRC) of NSW RTO is a result of a long-term vision of the AH&MRC to establish and maintain an Aboriginal community-controlled education institution to provide culturally appropriate, nationally recognised courses in the Aboriginal health.

In pursuit of this vision, the AH&MRC Board endorsed the establishment of the college in 2002 and the Registered Training Organisation (RTO) status was achieved in 2004.

We offer qualifications in a range of areas including:

- ▶ Alcohol and Other Drugs
- ▶ Primary Health Care.

www.ahmrc.org.au